


Week 1

Summer Menu



deliciously good food.

At the heart of everything we do is our love of good, fresh and healthy food, prepared by a team who cares!

Mon	Tue	Wed	Thu	Fri
	MASALA MOMENTS	SOUTH AMERICAN CARNIVAL		FISH & CHIP SHOP
 <p>From £0.00</p> <p>MAINS</p> <p><i>Fresh Flavours</i></p> <p>Kung Pao Chilli Chicken Stir Fry with Peppers (G,So,Mu,Ce) and Noodles (G)</p> <p>Steamed Rice Green Beans</p> <p>Kung Pao Quorn Chilli Stir Fry with Pepper (G,So,Mu,E,Ce) and Noodles (E)</p> <p>Steamed Rice Green Beans</p>	<p>Halal Chicken or Pork Butchers Sausages Served with Crushed Potatoes And Baby Carrots</p> <p>Vegan Sausages Served with Crushed Potato And Baby Carrots</p>	<p>Pulled Chicken Tinga Tortilla with Sour Cream (G,Su,Mu,Mk,E)</p> <p>Brazilian Black Bean Stew (Su)</p> <p>Pepper, Lime and Spring Onion Rice</p> <p>Cajun Corn on the Cob (Mu)</p> <p>Collard Greens</p>	<p>Classic Italian Slow Cooked Beef Lasagne (G,Mk,E) Served with Chef's Seasonal Salad and Garlic Bread (G,Mk,So)</p> <p>Mediterranean Roasted Vegetable Lasagne (G,Mk,E) Served with Chef's Seasonal Salad and Garlic Bread (G,Mk,So)</p>	<p>Battered Fish Fillet (G,F)</p> <p>"Chip Butty" (G,Se,Mk)</p> <p>Oven Baked Chips</p> <p>Garden Peas or Baked Bean Curry Sauce (Mk)</p> <p>Pickled Onions (Su), Buttered Rolls (G,Se,Mk), Pickled Gherkins (Su)</p>

every week!

Look out for our

Theme Bars

JACKET POTATOES
WITH ALL THE BEST TOPPING!



SALAD BAR

Fresh every day packed with tasty choices!

From £0.00

GLOBAL EATS

MONDAY

Jumbo Hot Dog with BBQ Sauce and Sweet Potato Crisps (G,Su,Se,Mu)

TUESDAY

Love Joes - Bombay Burrito with Indian Chicken (G,Mu,Mk,E)

WEDNESDAY

Chicken Pad Thai with Sweet Chilli Sauce (E)

THURSDAY

Love Joes - Wrap with Buffalo Chicken (G)

FRIDAY

Flamin Fish Burger (G,So,Se,F,E)

From £0.00

PASTA BAR

SERVED EVERYDAY

Freshly Cooked Pasta:

Slow Cooked Beef Bolognaise (G)

Tomato and Basil (G)
or
Mac 'n' Cheese (G,Mk)

Served with:
Home baked Garlic Bread (G,So,Mk)
Pesto (Mk)
Cheese (Mk)

From £0.00

DESSERT

MONDAY

Apple Crumble with Custard (G,Mk)

TUESDAY

Spotted Dick Pudding with Vanilla Custard (G,So,Mk,E)

WEDNESDAY

Cornflake Tart (G,Mk,E)

THURSDAY

Jam and Coconut Sponge with Custard (G,Mk,E)

FRIDAY

Marmalade Bread and Butter Pudding with Custard (G,So,Mk,E)

MEAL DEAL

Check out what's on offer today!
Available for Free School Meals

ALLERGENS

we're allergy aware!

Ce = Celery
Cr = Crustacean
E = Eggs
F = Fish
G = Cereals containing Gluten
L = Lupin
Mk = Milk


Mo = Molluscs
Mu = Mustard
N = Nuts
P = Peanuts
Se = Sesame Seeds
So = Soya
Su = Sulphur Dioxide

Speak to one of our chefs if you have any allergies.

Week 2

Summer Menu



Mon	Tue	Wed	Thu	Fri
	BURGER BAR	CARIBBEAN		FISH & CHIP SHOP
 From £0.00 MAINS <i>Fresh flavours</i>	Portuguese Peri Peri Chicken with Coleslaw and potato Wedges (Su,E) Quarter Pounder Beef Burger (G,Se) All Served in a Sesame Seed Bun Chips / Oven Chips Onion Rings (G)	Jamaican Chicken and Tray bake(So,Mk) Jamaican spiced Quorn Tray Bake Caribbean Coleslaw (So,Mk,E) Coconut Rice and Peas (Su) Reggae Reggae Baked Potato Wedges (Mu)	Beef Chilli Con Carne (Mu) with Sour Cream (Mk) and Crushed Nachos Steamed Rice Vegetarian Mince Chilli Non Carne (So,Ce), Served with Tortilla Chips (G,Mu), Sour Cream (Mk) and Jalapenos Steamed Rice	Battered Fish Fillet (G,F) "Chip Butty" (G,Se,Mk) Oven Baked Chips Garden Peas Baked Bean Pickled Onions (Su), Buttered Rolls (G,Se,Mk), Pickled Gherkins (Su),
				Peri Peri Cauliflower Steaks with Coleslaw and Potato Wedges (Su,E)

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GLOBAL EATS

MONDAY

Korean Meatballs with Noodles (G,So,Se,E)

TUESDAY

Love Joes - Lamb Shish Kebab and Salad (G,So,Mk,E)

WEDNESDAY

Onion Bhaji Burger (G,Mk,E)

THURSDAY

Love Joes Hot & Spicy Chicken Wrap (G,Su)

FRIDAY

African Jollof Rice with Chicken

From £0.00

PASTA BAR

SERVED EVERYDAY

Freshly Cooked Pasta:

Slow Cooked Beef Bolognaise (G)

Tomato and Basil (G)
or
Mac 'n' Cheese (G,Mk)

Served with:
Home baked Garlic Bread (G,So,Mk)
Pesto (Mk)
Cheese (Mk)

From £0.00

DESSERT

MONDAY

Eve's Pudding with Custard (G,MkE)

TUESDAY

Banoffee Pie (G,So,Mk)

WEDNESDAY

Jamaican Ginger Cake with Caramel Sauce (G,Mk,E)

THURSDAY

Baked Lemon Pudding with Vanilla Sauce (G,E,Mk)

FRIDAY

Chocolate Sponge with Chocolate Sauce (G,E,Mk)




Week 3

Summer Menu



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Mon	Tue	Wed	Thu	Fri
	TASTE OF AFRICA	ASIAN FLAVOURS		FISH & CHIP SHOP
	Beef Bobotie with Raisin and Apricots (G,Su,So,E)	Crispy Asian Sweet Chilli Chicken (G,So,E)		Battered Fish Fillet (G,F)
	Nigerian BBQ Pork Stew with Fried Plantain	Mushroom Risotto	Minced Beef and Short Crust Pastry Pie (G,Ce) with Mashed Potato and Carrots	"Chip Butty" (G,Se,Mk)
	West African Chickpea and Kale Curry (Mk)	Shredded Asian Slaw (Su,So,Se)		Oven Baked Chips
	Jollof Rice	Egg Noodles (G,E)		Garden Peas
	Tikel Gomen – Flavour Packed Ethiopian Cabbage, Carrots and Potatoes	Coriander Steamed Rice	Homemade Vegetable Samosa with Curry Sauce (G,Mk), Steamed Rice and Chilli Mixed Vegetables (G,So)	Baked Bean Curry Sauce (Mk)
				Pickled Onions (Su), Buttered Rolls (G,Se,Mk), Pickled Gherkins
 From £0.00 MAINS <i>Fresh Flavours</i>	Katsu Breaded Chicken with Steamed Rice and Katsu Curry Sauce (G,So,E)			
	Katsu Breaded Sweet Potato with Steamed Rice and Katsu Curry Sauce (G,So,E)			

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GLOBAL EATS

MONDAY

Singapore Noodles with Chicken Teriyaki (G,Su,So,E)

TUESDAY

Love Joes - Mediterranean Chicken Wrap (G,Su,Mk,E)

WEDNESDAY

Minced Beef Keema Curry with Peas and Rice

THURSDAY

Love Joes - 5 Spice Chicken Wrap (G,So,E)

FRIDAY

Fiery Jerk Chicken Burger with Pineapple Salsa (G,Su,Se)

From £0.00

PASTA BAR

SERVED EVERYDAY

Freshly Cooked Pasta:

Slow Cooked Beef Bolognaise (G)

Tomato and Basil (G)
 or
 Mac 'n' Cheese (G,Mk)

Served with:
 Home baked Garlic Bread (G,So,Mk)
 Pesto (Mk)
 Cheese (Mk)

From £0.00

DESSERT

MONDAY

Lemon Drizzle Cake (G,E)

TUESDAY

Marmalade Pudding (G,Mk,E)

WEDNESDAY

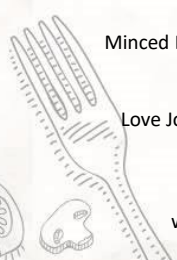
Apple Pie with Shortcrust Pastry and Custard (G,E,Mk)

THURSDAY

Apple Crumble and Custard (G,Mk,E)

FRIDAY

Sticky Toffee Pudding (G,Su,Mk,E)




Week 4

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Mon	Tue	Wed	Thu	Fri
 <p>From £0.00</p> <p>MAINS</p> <p><i>Fresh Flavours</i></p>	<p>PIZZA BAR</p> <p>12" Classic Margarita (G,So,Mk) 12" BBQ Chicken (G,So,Mk,Ce) 12" Roasted Vegetable (G,So,Mk)</p> <p>Garlic Bread Slices (G,So,Mk)</p> <p>Potato Wedges Chef's Salad Classic Coleslaw (Su,Mu,Mk,E) BBQ Beans (Su,So,G,Ce)</p>	<p>ARABIAN NIGHTS</p> <p>Moroccan Chicken Tagine (G) Harissa Meatballs in Tomato Sauce (Su,Ce)</p> <p>Vegetarian Tagine (G,Mk)</p> <p>Moroccan Carrot & Orange Salad (G,Su)</p> <p>Grilled Mint Flatbreads (G,So,Mk)</p>	<p>FISH & CHIP SHOP</p> <p>Cheesy topped Cottage Pie (G,Su,So,Mk,Ce) with Roasted Carrots and Cabbage</p> <p>Battered Fish Fillet (G,F)</p> <p>"Chip Butty" (g, Mk,Se)</p> <p>Oven Baked Chips</p> <p>Garden Peas</p> <p>Baked Bean</p> <p>Pickled Onions (Su), Buttered Rolls (G,Se,Mk), Pickled Gherkins (Su),</p>	
	<p>Sticky BBQ Chicken (G,Su,So,Ce) with Potato Wedges and Cowboy Beans (Su,So,G,Ce)</p> <p>Gnocchi with Roasted Tomato Sauce and Mozzarella Cheese (G,So,Mu,Mk,E) Served with Pesto Green Beans (Mk)</p>	<p>PIZZA BAR</p> <p>12" Classic Margarita (G,So,Mk) 12" BBQ Chicken (G,So,Mk,Ce) 12" Roasted Vegetable (G,So,Mk)</p> <p>Garlic Bread Slices (G,So,Mk)</p> <p>Potato Wedges Chef's Salad Classic Coleslaw (Su,Mu,Mk,E) BBQ Beans (Su,So,G,Ce)</p>	<p>ARABIAN NIGHTS</p> <p>Moroccan Chicken Tagine (G) Harissa Meatballs in Tomato Sauce (Su,Ce)</p> <p>Vegetarian Tagine (G,Mk)</p> <p>Moroccan Carrot & Orange Salad (G,Su)</p> <p>Grilled Mint Flatbreads (G,So,Mk)</p>	<p>FISH & CHIP SHOP</p> <p>Cheesy topped Cottage Pie (G,Su,So,Mk,Ce) with Roasted Carrots and Cabbage</p> <p>Battered Fish Fillet (G,F)</p> <p>"Chip Butty" (g, Mk,Se)</p> <p>Oven Baked Chips</p> <p>Garden Peas</p> <p>Baked Bean</p> <p>Pickled Onions (Su), Buttered Rolls (G,Se,Mk), Pickled Gherkins (Su),</p>

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GLOBAL EATS

MONDAY

Mumbai Lamb Pav with a soft sweet roll and onion Salad (G,So,Mk,E)

TUESDAY

Love Joes Peri Chicken with coleslaw (G,E)

WEDNESDAY

Chilli Dog with grated cheddar and crushed tortilla (G,Su,Se,Mu,Mk)

THURSDAY

Love Joes Tandoori Chicken with mango chutney and coriander salad (G,Mk,E)

FRIDAY

Halloumi Burger (G,Se,Mk,E)

From £0.00

PASTA BAR

SERVED EVERYDAY

Freshly Cooked Pasta:

Slow Cooked Beef Bolognaise (G)

Tomato and Basil (G)
or
Mac 'n' Cheese (G,Mk)

Served with:
Home baked Garlic Bread (G,So,Mk)
Pesto (Mk)
Cheese (Mk)

From £0.00

DESSERT

MONDAY

Banana Tea Bread with Chocolate Sauce (G,Mk,E)

TUESDAY

Nutless Bakewell Tart and Custard (G,Mk,E)

WEDNESDAY

Gypsy Tart (G,Su,So,Se,Mk,E)

THURSDAY

Mixed Berry Flapjack (G)

FRIDAY

Warm Chocolate Brownie (G,E)
and Ice Cream (Mk)

